

# ST PETER'S PARKSTONE



FOCUSED ON GOD - SPEAKING OF JESUS - CARING ABOUT PEOPLE



*10th Sunday after Trinity  
10am on 8th August 2021*

## WELCOME TO ST PETER'S CHURCH, PARKSTONE

A warm welcome to our parish Eucharist, which lies at the heart of our Christian worship. In this sacrament, we set forth the amazing truth of God's love for us, seen in the death and resurrection of the Lord Jesus Christ, and welcome that love into our lives, as we receive communion together. To prepare ourselves to celebrate God's wonderful love, we take time before the service to sit in quiet reflection.

The Church of England has issued new guidance in response to the Government's move to step 4 of the 'Roadmap out of Lockdown'. We are being asked to take personal responsibility around Covid-19 restrictions. Therefore, we believe there is a need to take things slowly, and suggest that we all continue with our existing church measures to ensure that we all remain safe and protected.

Please note the following recommendations:

- to wear a face covering in church,
- to keep a safe distance from others at all times,
- to share the peace in a socially-distanced manner,
- to join in the singing of hymns and responses, if we wish to do so.

We are invited to support the work of St Peter's, to help us carry out our mission and ministry to our local community. A collection will not be taken during the service, but there is provision for us to make our offering as we leave St Peter's Church.

It is also possible to make an offering by clicking the 'donate' button on our website: [www.stpetersparkstone.org.uk](http://www.stpetersparkstone.org.uk). Every donation is greatly appreciated, thank you.

For any pastoral needs, or enquiries about weddings or baptisms  
please contact:

Revd Mike Trotman, Rector    [revdmike@stpetersparkstone.org.uk](mailto:revdmike@stpetersparkstone.org.uk)  
Phone: 07525 662999

The parish office can be contacted on 01202 749085 or via email:  
[office@stpetersparkstone.org.uk](mailto:office@stpetersparkstone.org.uk)

## THE GATHERING

*Please stand and sing, as the service begins with a hymn.*

**Lord, enthroned in heavenly splendour,  
first-begotten from the dead,  
thou, alone, our strong defender,  
lifest up thy people's head.  
Alleluia,  
Jesu, true and living bread.**

**Here our humblest homage pay we;  
here in loving reverence bow;  
here for faith's discernment pray we,  
lest we fail to know thee now.  
Alleluia,  
thou art here, we ask not how.**

**Though the lowliest form doth veil thee  
as of old in Bethlehem,  
here as there thine angels hail thee,  
Branch and Flower of Jesse's stem.  
Alleluia,  
we in worship join with them.**

**Paschal Lamb, thine offering, finished  
once for all when thou wast slain,  
in its fullness undiminished  
shall for evermore remain,  
Alleluia,  
cleansing souls from every stain.**

**Life-imparting heavenly manna,  
stricken rock from streaming side,  
heaven and earth with loud hosanna  
worship thee, the lamb who died,  
Alleluia,  
risen, ascended, glorified!**

*G.H. Bourne*

## The Greeting

In the name of the ✠ Father,  
and of the Son,  
and of the Holy Spirit.

*All* **Amen.**

Grace, mercy and peace  
from God our Father  
and the Lord Jesus Christ  
be with you

*All* **and also with you.**

*Please sit as informal words of welcome are offered.*

## Prayer of Preparation

Almighty God,  
*All* **to whom all hearts are open,  
all desires known,  
and from whom no secrets are hidden:  
cleanse the thoughts of our hearts  
by the inspiration of your Holy Spirit,  
that we may perfectly love you,  
and worthily magnify your holy name;  
through Christ our Lord.  
Amen.**

*We are invited to confess our sins.*

## Prayers of Penitence

God so loved the world  
that he gave his only Son Jesus Christ  
to save us from our sins,  
to be our advocate in heaven,  
and to bring us to eternal life.

Let us confess our sins in penitence and faith,  
firmly resolved to keep God's commandments  
and to live in love and peace with all.

*Silence is kept.*

Almighty God,  
*All* **our heavenly Father,  
we have sinned against you  
and against our neighbour  
in thought and word and deed,  
through negligence, through weakness,  
through our own deliberate fault.  
We are truly sorry  
and repent of all our sins.  
For the sake of your Son Jesus Christ,  
who died for us,  
forgive us all that is past  
and grant that we may serve you in newness of life  
to the glory of your name.  
Amen.**

Almighty God,  
who forgives all who truly repent,  
have mercy upon you,  
pardon and deliver ✠ you from all your sins,  
confirm and strengthen you in all goodness,  
and keep you in life eternal;  
through Jesus Christ our Lord.

*All* **Amen.**

*Please stand as we sing our hymn of praise to the Trinity – the Gloria.*

Gloria in Excelsis

**Glory to God, Glory to God, Glory to God in the highest.  
Glory to God in the highest,  
and peace to his people on earth.**

**Lord God, heavenly King,  
almighty God and Father,  
we worship you, we give you thanks,  
we praise you for your glory.**

**Glory to God, Glory to God, Glory to God in the highest.  
Lord Jesus Christ, only Son of the Father,  
Lord God, Lamb of God,  
you take away the sin of the world:  
have mercy on us;  
you are seated at the right hand of the Father:  
receive our prayer.**

**Glory to God, Glory to God, Glory to God in the highest.  
For you alone are the Holy One,  
you alone are the Lord,  
you alone are the Most High, Jesus Christ,  
with the Holy Spirit,  
in the glory of God the Father.  
Glory to God, Glory to God, Glory to God in the highest.**

*The president introduces a period of silent prayer, and then leads the Collect for the Tenth Sunday after Trinity.*

### The Collect

Let us pray for an outpouring of the fruit of the Spirit, this Trinity season.

*Silence is kept.*

Let your merciful ears, O Lord,  
be open to the prayers of your humble servants:  
and that they may obtain their petitions  
make them to ask such things as shall please you;  
through Jesus Christ your Son our Lord,  
who is alive and reigns with you,  
in the unity of the Holy Spirit.  
One God now and forever.

*All* **Amen.**

*Please sit for our readings.*

## THE LITURGY OF THE WORD

*A reading from the Second book of Samuel (18.5-9, 15,31-33).*

The king ordered Joab and Abishai and Ittai, saying, 'Deal gently for my sake with the young man Absalom.' And all the people heard when the king gave orders to all the commanders concerning Absalom.

<sup>6</sup> So the army went out into the field against Israel; and the battle was fought in the forest of Ephraim. <sup>7</sup>The men of Israel were defeated there by the servants of David, and the slaughter there was great on that day, twenty thousand men. <sup>8</sup>The battle spread over the face of all the country; and the forest claimed more victims that day than the sword.

<sup>9</sup> Absalom happened to meet the servants of David. Absalom was riding on his mule, and the mule went under the thick branches of a great oak. His head caught fast in the oak, and he was left hanging between heaven and earth, while the mule that was under him went on. <sup>15</sup>And ten young men, Joab's armour-bearers, surrounded Absalom and struck him, and killed him.

<sup>31</sup> Then the Cushite came; and the Cushite said, 'Good tidings for my lord the king! For the LORD has vindicated you this day, delivering you from the power of all who rose up against you.' <sup>32</sup>The king said to the Cushite, 'Is it well with the young man Absalom?' The Cushite answered, 'May the enemies of my lord the king, and all who rise up to do you harm, be like that young man.'

<sup>33</sup> The king was deeply moved, and went up to the chamber over the gate, and wept; and as he went, he said, 'O my son Absalom, my son, my son Absalom! Would that I had died instead of you, O Absalom, my son, my son!'

For the word of the Lord.

*All* **Thanks be to God.**

*A reading from the Letter of Paul to the Ephesians (4.25-5.2).*

Putting away falsehood, let all of us speak the truth to our neighbours, for we are members of one another. <sup>26</sup>Be angry but do not sin; do not let the sun go down on your anger, <sup>27</sup>and do not make room for the devil. <sup>28</sup>Thieves must give up stealing; rather let them labour and work honestly with their own hands, so as to have something to share with the needy. <sup>29</sup>Let no evil talk come out of your mouths, but only what is useful for building up, as there is need, so that your words may give grace to those who hear. <sup>30</sup>And do not grieve the Holy Spirit of God, with which you were marked with a seal for the day of redemption. <sup>31</sup>Put away from you all bitterness and wrath and anger and wrangling and slander, together with all malice, <sup>32</sup>and be kind to one another, tender-hearted, forgiving one another, as God in Christ has forgiven you. <sup>1</sup>Therefore be imitators of God, as beloved children, <sup>2</sup>and live in love, as Christ loved us and gave himself up for us, a fragrant offering and sacrifice to God.

For the word of the Lord.

*All* **Thanks be to God.**

*Please stand as we sing our gradual hymn.*

**Author of life divine,  
who hast a table spread,  
furnished with mystic wine  
and everlasting bread,  
preserve the life thyself hast given,  
preserve the life thyself hast given,  
and feed and train us up for heaven.**

**Our needy souls sustain  
with fresh supplies of love,  
till all thy life we gain,  
and all thy fullness prove,  
and strengthened by thy perfect grace,  
and strengthened by thy perfect grace,  
behold without a veil thy face.**

*Please turn to face the Gospel Book as we welcome the Gospel.*

Gospel Reading

Alleluia, alleluia.

We do not live by bread alone,  
but by every word that comes from the mouth of God.

*All Alleluia.*

Hear the Gospel of our Lord Jesus Christ according to John.

*All Glory to you, O Lord.*

Jesus said to the crowd, 'I am the bread of life. Whoever comes to me will never be hungry, and whoever believes in me will never be thirsty.'<sup>41</sup> Then the Jews began to complain about him because he said, 'I am the bread that came down from heaven.'<sup>42</sup> They were saying, 'Is not this Jesus, the son of Joseph, whose father and mother we know? How can he now say, "I have come down from heaven"?'<sup>43</sup> Jesus answered them, 'Do not complain among yourselves.<sup>44</sup> No one can come to me unless drawn by the Father who sent me; and I will raise that person up on the last day.<sup>45</sup> It is written in the prophets, "And they shall all be taught by God." Everyone who has heard and learned from the Father comes to me.<sup>46</sup> Not that anyone has seen the Father except the one who is from God; he has seen the Father.<sup>47</sup> Very truly, I tell you, whoever believes has eternal life.<sup>48</sup> I am the bread of life.<sup>49</sup> Your ancestors ate the manna in the wilderness, and they died.<sup>50</sup> This is the bread that comes down from heaven, so that one may eat of it and not die.<sup>51</sup> I am the living bread that came down from heaven. Whoever eats of this bread will live for ever; and the bread that I will give for the life of the world is my flesh.'

*(John 6:35,41-51)*

This is the Gospel of the Lord.

*All Praise to you, O Christ.*

*Please sit as we reflect on God's Word.*

Sermon – *the Revd Pat Southgate, Associate Priest.*

*Please stand as we declare our faith in God, Father, Son and Holy Spirit.*

### The Creed

Do you believe and trust in God the Father?

*All* **I believe in God, the Father almighty,  
creator of heaven and earth.**

Do you believe and trust in his Son Jesus Christ?

*All* **I believe in Jesus Christ, his only Son, our Lord,  
who was conceived by the Holy Spirit,  
born of the Virgin Mary,  
suffered under Pontius Pilate,  
was crucified, died, and was buried;  
he descended to the dead.  
On the third day he rose again;  
he ascended into heaven,  
he is seated at the right hand of the Father,  
and he will come to judge the living and the dead.**

Do you believe and trust in the Holy Spirit?

*All* **I believe in the Holy Spirit,  
the holy catholic Church,  
the communion of saints,  
the forgiveness of sins,  
the resurrection of the body,  
and the life everlasting.  
Amen.**

*Please sit for our prayers.*

### Prayers of Intercession

Feed us, Father:

*All* **with the Bread of Life.**

Let us pray to the God who loves us,  
knows our needs, and provides for us.

*The prayers end as follows:*

God of mercy,  
*All* **you know us and love us  
and hear our prayer:  
keep us in the eternal fellowship of  
Jesus Christ our Saviour.  
Amen.**

## THE LITURGY OF THE SACRAMENT

*Please stand as the president introduces the peace.*

### The Peace

‘Where two or three are gathered together in my name,’  
says the Lord, ‘there am I in the midst of them.’  
The peace of the Lord be always with you  
*All* **and also with you.**

Let us offer one another a sign of peace.

*We remain standing as bread and wine are placed on the altar, and we  
sing our offertory hymn.*

### Preparation of the Table

**Here is bread, here is wine,  
Christ is with us, he is with us.  
Break the bread, taste the wine,  
Christ is with us here.**

*In this bread there is healing,  
in this cup is life for ever.  
In this moment, by the Spirit,  
Christ is with us here.*

**Here is grace, here is peace.  
Christ is with us, he is with us;  
know his grace, find his peace,  
feast on Jesus here. Refrain.**

**Here we are, joined in one,  
Christ is with us, he is with us;  
we'll proclaim till he comes,  
Jesus crucified. *Refrain.***

*The president offers prayer for the preparation of the altar.*

### Taking of the Bread and Wine

Wise and gracious God,  
you spread a table before us;  
nourish your people with the word of life  
and the bread of heaven.

*All* **Amen.**

### The Eucharistic Prayer (B)

The Lord is here.

*All* **His Spirit is with us.**

Lift up your hearts.

*All* **We lift them to the Lord.**

Let us give thanks to the Lord our God.

*All* **It is right to give thanks and praise.**

Father, we give you thanks and praise  
through your beloved Son Jesus Christ, your living Word,  
through whom you have created all things;  
who was sent by you in your great goodness to be our Saviour.

By the power of the Holy Spirit he took flesh;  
as your Son, born of the blessed Virgin,  
he lived on earth and went about among us;  
he opened wide his arms for us on the cross;  
he put an end to death by dying for us;  
and revealed the resurrection by rising to new life;  
so he fulfilled your will and won for you a holy people.

And now we give you thanks  
because on the first day of the week  
he overcame death and the grave  
and opened to us the way of everlasting life.

Therefore with angels and archangels,  
and with all the company of heaven,  
we proclaim your great and glorious name,  
for ever praising you and singing:

*Sung* **Holy, holy, holy Lord,  
God of power and might,  
heaven and earth are full of your glory.  
Hosanna in the highest.  
Blessed is he who comes in the name of the Lord.  
Hosanna in the highest.**

Lord, you are holy indeed, the source of all holiness;  
grant that by the power of your Holy Spirit,  
and according to your holy will,  
these gifts of bread and wine  
may be to us the body and blood of our Lord Jesus Christ;

who, in the same night that he was betrayed,  
took bread and gave you thanks;  
he broke it and gave it to his disciples, saying:  
Take, eat; this is my body which is given for you;  
do this in remembrance of me.

In the same way, after supper  
he took the cup and gave you thanks;  
he gave it to them, saying:  
Drink this, all of you;  
this is my blood of the new covenant,  
which is shed for you and for many for the forgiveness of sins.  
Do this, as often as you drink it,  
in remembrance of me.

Christ is the bread of life:

**All When we eat this bread and drink this cup,  
we proclaim your death, Lord Jesus,  
until you come in glory.**

And so, Father, calling to mind his death on the cross,  
his perfect sacrifice made once for the sins of the whole world;  
rejoicing in his mighty resurrection and glorious ascension,  
and looking for his coming in glory,  
we celebrate this memorial of our redemption.

As we offer you this our sacrifice of praise and thanksgiving,  
we bring before you this bread and this cup  
and we thank you for counting us worthy  
to stand in your presence and serve you.

Send the Holy Spirit on your people  
and gather into one in your kingdom  
all who share this one bread and one cup,  
so that we, in the company of  
Saint Mary, Saint Peter, Saint Osmund and all the saints,  
may praise and glorify you for ever,  
through Jesus Christ our Lord;

by whom, and with whom, and in whom,  
in the unity of the Holy Spirit,  
all honour and glory be yours, almighty Father,  
for ever and ever.

**All Amen.**

*The consecrated bread and wine are raised in the sight of the people,  
and the Sanctus bell is rung as we honour Christ's presence among us.*

*After a moment's silence, please sit for The Lord's Prayer.*

### The Lord's Prayer

Let us pray with confidence as our Saviour has taught us

*All* **Our Father, who art in heaven,  
hallowed be thy name;  
thy kingdom come;  
thy will be done;  
on earth as it is in heaven.  
Give us this day our daily bread.  
And forgive us our trespasses,  
as we forgive those who trespass against us.  
And lead us not into temptation;  
but deliver us from evil.  
For thine is the kingdom,  
the power and the glory,  
for ever and ever.  
Amen.**

*The president breaks the consecrated bread.*

### Breaking of the Bread

We break this bread  
to share in the body of Christ.

*All* **Though we are many, we are one body,  
because we all share in one bread.**

*Sung* **Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
have mercy on us.**

**Lamb of God,  
you take away the sin of the world,  
grant us peace.**

*The president invites the people to receive communion.*

## Giving of Communion

Jesus is the Lamb of God  
who takes away the sin of the world.

Blessed are those who are called to his supper.

*All* **Lord, I am not worthy to receive you,  
but only say the word, and I shall be healed.**

*Words* The body and blood of Christ keep you in eternal life.

*All are welcome to come forward to receive communion or a blessing.*

*We have recently introduced receiving Holy Communion in both kinds by simultaneous administration (intinction). Please receive with open hands.*

*Communicants who wish to continue receiving under one kind only will continue to be able to do so – being served by the subdeacon.*

*If you would like to receive a blessing please bring this service booklet with you. Please continue to respect the distance of at least one metre from others as you come forward, and sanitise your hands before receiving.*

*We remain seated to sing our post-communion hymn.*

**There's a wideness in God's mercy  
like the wideness of the sea.  
There's a kindness in his justice  
which is more than liberty.**

**There is no place where earth's sorrows  
are more felt than up in heaven;  
There is no place where earth's failings  
have such kindly judgement given.**

**For the love of God is broader  
than the measure of man's mind;  
and the heart of the Eternal  
is most wonderfully kind.**

**But we make his love too narrow  
by false limits of our own;  
and we magnify his strictness  
with a zeal he will not own.**

**There is plentiful redemption  
in the blood that has been shed;  
there is joy for all the members  
in the sorrows of the Head.**

**There is grace enough for thousands  
of new worlds as great as this;  
there is room for fresh creations  
in that upper home of bliss.**

**If our love were but more simple,  
we should take him at his word;  
and our lives would be all gladness  
in the joy of Christ our Lord.**

### Prayers after Communion

Holy Father,  
who gathered us here around the table of your Son  
to share this meal with the whole household of God:  
in that new world where you reveal the fullness of your peace,  
gather people of every race and language  
to share in the eternal banquet of Jesus Christ our Lord.

*All* **Amen.**

Father of all,  
*All* **we give you thanks and praise,  
that when we were still far off  
you met us in your Son and brought us home.**

**Dying and living, he declared your love,  
gave us grace, and opened the gate of glory.  
May we who share Christ's body live his risen life;  
we who drink his cup bring life to others;  
we whom the Spirit lights give light to the world.**

**Keep us firm in the hope you have set before us,  
so we and all your children shall be free,  
and the whole earth live to praise your name;  
through Christ our Lord.  
Amen.**

*Announcements are made.*

<b>SENDING</b>
----------------

*Please stand as we sing our final hymn, before we are sent out with God's blessing.*

**Guide me O thou great Redeemer,  
Pilgrim through this barren land;  
I am weak but thou art mighty,  
Hold me with thy powerful hand;  
Bread of heaven,  
Feed me till I want no more.**

**Open now the crystal fountain  
Whence the healing streams do flow;  
Let the fire and cloudy pillar  
Lead me all my journey though:  
Strong deliverer,  
Be thou still my strength and shield.**

**When I tread the verge of Jordan,  
Bid my anxious fears subside;  
Death of death, and hell's Destruction  
Land me safe on Canaan's side:  
Songs of praises  
I will ever give to thee.**

## The Blessing

The peace of God,  
which passes all understanding,  
keep your hearts and minds  
in the knowledge and love of God,  
and of his Son Jesus Christ our Lord;  
and the blessing of God almighty,  
the ✠ Father, the Son, and the Holy Spirit,  
be among you and remain with you always.

*All* **Amen.**

Go in peace to love and serve the Lord.

*All* **In the name of Christ. Amen.**

*The ministers and people depart.*

*Voluntary – Sonata no 4 in B flat (1<sup>st</sup> movt) by Felix MENDELSSOHN  
(1809-1847)*